自己健康チェック表　氏名：

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|  | 39.0 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | 38.0 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | 37.0 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | 36.0 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 吐き気 | |  | | |  | | |  | | |  | | |  | | |  | | |  | | |
| その他 | |  | | |  | | |  | | |  | | |  | | |  | | |  | | |
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※倦怠感から吐き気等は（＋）症状あり、（−）症状なしで記入