尿酸値を記録しましょう

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| 検査日 | | | | ／ | ／ | ／ | ／ | ／ | ／ | ／ |
| 血清尿酸値(㎎/dl) | | | |  |  |  |  |  |  |  |
| 高尿酸血症 | 薬物療法  ３～６ヶ月かけて  6.0㎎/ｄｌ以下に | | 10.0 |  | | | | | | |
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| 9.8 |  |  |  |  |  |  |  |
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| 9.6 |  |  |  |  |  |  |  |
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| 9.4 |  |  |  |  |  |  |  |
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| 9.2 |  |  |  |  |  |  |  |
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| **9.0** |  |  |  |  |  |  |  |
| 生  活  習  慣  改  善 | 合併症あり |  |  |  |  |  |  |  |
| 8.8 |  |  |  |  |  |  |  |
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| **8.0** |  |  |  |  |  |  |  |
| 痛風発作または  痛風結節あり |  |  |  |  |  |  |  |
| 7.8 |  |  |  |  |  |  |  |
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| **6.0** |  |  |  |  |  |  |  |
| ガイドラインにおける  治療目標値 | | |  |  |  |  |  |  |  |
| 5.8 |  |  |  |  |  |  |  |
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| 5.0 |  |  |  |  |  |  |  |
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| 体重 | | | kg |  |  |  |  |  |  |  |
| 血圧 | 収縮期血圧 | | 140未満 |  |  |  |  |  |  |  |
| 拡張期血圧 | | 90未満 |  |  |  |  |  |  |  |
| 血清クレアチニン | | |  |  |  |  |  |  |  |  |
| 肝機能 | AST（GOT） | |  |  |  |  |  |  |  |  |
| ALT（GPT） | |  |  |  |  |  |  |  |  |
| γ-GT（γ‐GTP） | | |  |  |  |  |  |  |  |  |