尿酸値を記録しましょう

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| 検査日 | ／ | ／ | ／ | ／ | ／ | ／ | ／ |
| 血清尿酸値(㎎/dl) |  |  |  |  |  |  |  |
| 高尿酸血症 | 薬物療法３～６ヶ月かけて6.0㎎/ｄｌ以下に | 10.0 |  |
|  |  |  |  |  |  |  |
| 9.8 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 9.6 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 9.4 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 9.2 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **9.0** |  |  |  |  |  |  |  |
| 生活習慣改善 | 合併症あり |  |  |  |  |  |  |  |
| 8.8 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 8.6 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 8.4 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 8.2 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **8.0** |  |  |  |  |  |  |  |
| 痛風発作または痛風結節あり |  |  |  |  |  |  |  |
| 7.8 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 7.6 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 7.4 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 7.2 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **7.0** |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| 6.8 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 6.6 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 6.4 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 6.2 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **6.0** |  |  |  |  |  |  |  |
| ガイドラインにおける治療目標値 |  |  |  |  |  |  |  |
| 5.8 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 5.6 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 5.4 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 5.2 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 5.0 |  |  |  |  |  |  |  |
|  |
| 体重 | kg |  |  |  |  |  |  |  |
| 血圧 | 収縮期血圧 | 140未満 |  |  |  |  |  |  |  |
| 拡張期血圧 | 90未満 |  |  |  |  |  |  |  |
| 血清クレアチニン |  |  |  |  |  |  |  |  |
| 肝機能 | AST（GOT） |  |  |  |  |  |  |  |  |
| ALT（GPT） |  |  |  |  |  |  |  |  |
| γ-GT（γ‐GTP） |  |  |  |  |  |  |  |  |