|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 血糖値管理表 | | | | | | | | | | | | | |
|  | | | | | 令和　　年　　月 | | | | | |  | | |
| 日付 | 朝(mg/dL) | | | 昼(mg/dL) | | | 夜(mg/dL) | | | 体重 | | 血圧 | 脈拍 |
| 食前 | ／ | 食後 | 食前 | ／ | 食後 | 食前 | ／ | 食後 | (kg) | | (mmHg) | (bpm) |
| 1 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 2 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 3 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 4 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 5 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 6 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 7 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 8 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 9 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 10 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 11 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 12 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 13 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 14 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 15 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 16 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 17 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 18 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 29 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 20 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 21 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 22 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 23 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 24 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 25 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 26 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 27 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 28 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 29 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 30 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |
| 31 |  | ／ |  |  | ／ |  |  | ／ |  |  | |  |  |